Letters and sounds: practical ideas for parents

- o Make letter-sounds and have your child write the letter or letters that match the sounds.
- Play word games that connect sounds with syllables and words (for example, if the letters "p-e-n" spell pen, how do you spell hen?).
- Write letters on cards. Hold up the cards one at a time and have your child say the sounds (for example, the /d/ sound for the letter d).
- o Teach your child to match the letters in their names with the sounds in their names.
- o Point out words that begin with the same letter as your child's names (for example, John and jump). Talk about how the beginning sounds of the words are alike.
- Use alphabet books and guessing games to give your child practice in matching letters and sounds. A good example is the game, "I am thinking of something that starts with /t/."
- Write letters on pieces of paper and put them in a paper bag. Let your child reach into the bag and take out letters. Have them say the sounds that match the letters.

- o Take a letter and hide it in your hand. Let your child guess in which hand is the letter. Then show the letter and have your child say the letter name and make the sound (for example, the letter m matches the /m/ sound as in man).
- Make letter-sounds and ask your child to draw the matching letters in cornmeal or sand.
- o Take egg cartons and put a paper letter in each slot until you have all the letters of the alphabet in order. Say letter-sounds and ask your child to pick out the letters that match those sounds.





Source: Reading Rockets